

HIGHEST RANKED COMPETITION IN SWEDEN

IFBB

SWEDEN

BODYBUILDING & FITNESS

GRAND PRIX

BE ONE OF THE PROUD



STADIONMÄSSAN

MALMÖ

4-5TH OF SEP
2020





WELCOME TO SWEDEN GRAND PRIX 2020
EVENT OPEN TO SWEDISH, NORDIC, EUROPEAN COUNTRIES AND
RUSSIA AFFILIATED TO THE IFBB

DATE

Sweden Grand Prix will be held in Malmö, Sweden, Saturday 5 Sep starting 09.00 with running order in blocks

VENUE STADIONMÄSSAN

A unique room in a format of the amphitheater. The large congress hall at Stadionmässan is a large and efficient assembly, surely one of Malmö's best. With 810 comfortable armchairs arranged in fan shape all places have excellent sound and great contact with the stage.

REGISTRATION

The official athlete registration will be conducted on Friday 4th September, Time 15.00 – 21.00 at Stadionmässan, Stadiongatan 25, Malmö.

Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry Form via email directly to the IFBB Technical Committee (amichalak5@gmail.com), copy to the IFBB Head Office in Madrid (info@ifbb.com) and to the

Organizing Committee:
niclas.stromqvist@swedengrandprix.com

All athletes will have to produce their Passports or Identity Cards and IFBB International Cards at the Official Registration.

Any athlete who has not yet obtained the IFBB International Card or need to renew his/her Card will have to do it at the Registration. IFBB International Cards are € 30 per year and it's mandatory.



Please be aware that it is

FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION

to verify if each one of the athletes to be registered on this international event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.

Be also aware that if any athlete from your National Federation register and compete being suspended due to an Anti-Doping Rule Violation, both the athlete and the National Federation will be subject to sanctions according to the World Anti-Doping Code, the IFBB Anti-Doping Rules and the IFBB Constitution and Rules.

It is also the FULL OBLIGATION AND RESPONSIBILITY of your National Federation to MONITOR ALL THE ATHLETES from your country affiliated to your National Federation who are actually fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPLETE/OR PARTICIPATE IN ANY CAPACITY in any event either at National or International level, Official or Invitational.

REGISTRATION FEE

Registration fee for each category is € 200. For juniors wishing to compete in the second (open) category the additional fee of € 100 will be charged.

Fees have to be paid in advance by credit/debit card or PayPal at IFBB webpage:

<http://www.ifbb.com/competition-registration>

Please add your name during online payment and bring a copy of your payment confirmation to the registration. If paying at the Registration an extra fee of € 50 per participant will be charged.

VISA

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendants visas.

To receive invitation letter, the applicant should forward to the IFBB or Championship organizer a copy (scan) of his/her passport. If the visa is not granted, the Cancellation Policies for the championship will still apply.

An athlete, included in an official National Federation Team, who requested and received an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

Citizens of over 60 countries also don't need a visa. Detailed information at:
<https://www.schengenvisainfo.com/sweden-visa/>

RULES

Sweden Grand Prix is arranged according to the rules set by the IFBB, EBFF and SBFF.

CATEGORIES

The organizer will add or remove categories depending if the amount of competitors gets too high or too low in each category. In the case of 5 athletes or less in one category this category will move up to the next category.

WOMEN'S CATEGORIES

BIKINI FITNESS - PRO CARD

UP TO 158 CM | UP TO 160 CM | UP TO 163 CM | UP TO 166 CM | UP TO 169 CM | OVER 169 CM

WELLNESS FITNESS - PRO CARD

UP TO 163 CM | OVER 163 CM

BODY FITNESS - PRO CARD

UP TO 163 CM | OVER 163 CM

WOMEN'S PHYSIQUE - PRO CARD

UP TO 163 CM | OVER 163 CM

MEN'S CATEGORIES

BODYBUILDING - PRO CARD

UP TO 70 KG | UP TO 80 KG | UP TO 90 KG |

UP TO 100 KG | OVER 100 KG

CLASSIC BODYBUILDING - PRO CARD

UP TO 175 CM | OVER 175 CM

CLASSIC PHYSIQUE - PRO CARD

UP TO 175 CM | OVER 175 CM

MEN'S PHYSIQUE - PRO CARD

UP TO 174 CM | UP TO 178 CM | UP TO 182 CM | OVER 182 CM

MUSCULAR MEN'S PHYSIQUE - PRO CARD

UP TO 175 CM | OVER 175 CM

9 PRO CARDS IFBB PRO ELITE

ONE PRO CARD FOR THE OVERALL CHAMPION OF THE 9 SENIOR OVERALL CATEGORIES.

(AFTER APPLICATION THROUGH THEIR NATIONAL FEDERATIONS)

WORLD RANKING POINTS

TOP 5 ATHLETES IN MEN'S & WOMEN SENIOR CATEGORIES WILL BE AWARDED POINTS TO THE 2020

IFBB WORLD RANKING ACCORDING TO THE WORLD RANKING RULES.

JUNIOR'S CATEGORIES

BIKINI FITNESS

JUNIORS UP TO 16 - 23 YEARS OLD | ONE OPEN CLASS

MEN'S PHYSIQUE

JUNIORS UP TO 16 - 23 YEARS OLD | ONE OPEN CLASS

MASTERS'S CATEGORIES

BODYBUILDING

MASTERS OVER 40 YEARS OLD | ONE OPEN CLASS

BIKINI FITNESS

MASTERS OVER 35 YEARS OLD | ONE OPEN CLASS

BODY FITNESS

MASTERS OVER 35 YEARS OLD | ONE OPEN CLASS

AWARDS

TOP SIX ATHLETES IN EACH CATEGORY WILL BE AWARDED WITH MEDAL OR TROPHY AND A CERTIFICATE.

TANNING NEEDS

Tanning needs by Onsite Tan by Jan Tana

Professional tanning services will be offered and applied only by our collaborator:

Onsite Tan by Jan Tana

For more information, prices and online booking, visit:

www.onsitetan.com

POSING MUSIC

All posing music can be sent to: loaded1962@hotmail.com

Use MP3 or MP4 file format. Do not forget to put on your NAME, CATEGORY, and when the music should start, BEFORE or AFTER entering the stage. All music will be played from the beginning of the song (no forwarding).

All posing music with 60 seconds for bodybuilding and 60 seconds for women's physique competitors. It can be on an audio CD or USB disc only.

The posing music must be the only track on CD or USB disc. Each competitor must affix his name on the CD for an easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

JUDGES

To be taken into consideration during selection of judges panels at the competition, IFBB

International Judges must be included in the Final Entry Forms sent by National federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges and test-judges must bring their International Judge's Cards to Malmö. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of € 50 paid for 2020.





IMPORTANT INFORMATION

All the cost for travel, hotel accommodation and meals, as well as local transportation including transfers from and to the airport must be covered by the National Federations and/or athletes themselves. Neither the promotor, its organizing committee, nor the IFBB/SBBF will be responsible for any reservation or payment for the hotel accommodations, logistical arrangements, meals, or any other cost to be born by the events participants. Check with your National Federation for more information.

The IFBB SWEDEN PROMOTER of the SWEDEN GRAND PRIX event in MALMÖ, SWEDEN, will not accept any direct registration from athletes, as these must be processed by their respective national IFBB federations.

Final Entry Forms from athletes will only be considered if they are sent by the National Federation of the athlete and directly to IFBB Head office in Madrid and IFBB Technical commission. The final decision to allow an athlete to compete in this event rests with the IFBB.

CURRENCY: SEK (Swedish Krona) at Registration EURO.

ELECTRIC CURRENT: 220 V

TANNING: IFBB has banned all tans that can be wiped off. An official will check athlete's tan backstage and if the tan comes off by simple wiping, the athlete will be told to remove the tan before going on stage.

CAMERA/VIDEO EQUIPMENT

Camera and/or video recording equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by authorized media representatives, and in any event, these devices shall be strictly prohibited in dressing room areas.

PRESS ACCREDITATION

All media accreditation, accept local media, shall be controlled by the IFBB.

Any media representatives that wish to obtain press accreditation for this event must register by sending an e-mail to niclas.stromqvist@swedengrandprix.com before August 24 st, 2020.

ENTRY FORM CONTACT DETAILS

We strongly encourage you to register early through your national federations

All Final Entry Forms should be sent no later than Aug 24 st, 2020 to:
IFBB TECHNICAL COMMITTEE: Andrew Michalak – amichalak5@gmail.com

IFBB HEAD OFFICE: Ms. Diana Mozos – info@ifbb.com

SWEDISH BODYBUILDING & FITNESS FEDERATION:
niclas.stromqvist@swedengrandprix.com

At the SWEDEN GRAND PRIX only athletes who are approved and registered by their IFBB affiliated National Federations will be allowed to compete. Entries should be made through National Federations. National Federations from Swedish, Nordic, European Countries and Russia are allowed to participate in these championships.

TRANSPORTATION

From Kastrup Airport are train and shuttlebus to Malmö every 20 minute for approximately €11. From Malmö Airport shuttlebus every 20 minute for approximately €10.

DO YOU WANT TO BE AN EXHIBITIONER OR SPONSOR?

Contact:
niclas.stromqvist@swedengrandprix.com
phone +46 72 203 44 84

More information
If you have other questions about the championships contact:
ulf.bjornfot@swedengrandprix.com
phone +46 70 698 02 00

per.sundstrom@swedengrandprix.com
phone +46 70 722 62 65

www.swedengrandprix.com





HOTELS

For best choice of accommodation:

Good Morning+ Hotel

Stadiongatan 21, 217 62 Malmö

Phone: +46 40 6728570

Fax: +46 40 6728575

E-post: info@ligula.se

<https://ligula.se/en/goodmorninghotels/malmo/>

Code: SGP2020 for best price

Elite Plaza Hotel

Gustav Adolfs torg 49, 211 39 Malmö

Phone: +46 40 66 44 870

Fax: +46 40 66 44 875

info.plazamalmö@elite.se

BEST WESTERN PLUS Hotel Noble House

Per Weijersgatan 6, 211 34 Malmö

Phone: +46 40 6643000

Fax: +46 40 6643050

TICKETS 400 SEK INCLUDING THE ELITE PRO SHOW

Price for admission is 400 SEK and you buy your ticket at www.tickster.com or at the cashier on the venue. Children up to 12 yrs accompanied with their parents is allowed free of charge.

SEE YOU IN MALMÖ

